

BRING THIS INNOVATIVE PROFESSIONAL TRAINING WORKSHOP TO YOUR ORGANIZATION

## POINTS OF INTERVENTION

### Discovering & Developing Your Natural Skills with Clients

A PROFESSIONAL TRAINING WORKSHOP WITH  
DR. ALLEN BERGER & THOM RUTLEDGE, LCSW

In large measure psychotherapy and psychotherapy training focuses on developing technical protocols to treat particular diagnoses. In brief, the focus is on “what” the clinician is treating. This workshop focus instead on the “how” of connecting with clients in ways that move them toward change and problem resolution. This process-oriented training is applicable to a multitude of clinical diagnoses and treatment settings. In order to move toward mastery of the set of process-tools Berger and Rutledge share in this workshop, participants are challenged to identify their own personal strengths and liabilities as clinicians. The most powerful and effective applications of the methods taught in this workshop are by way of integrating personal strengths into each clinician’s therapeutic persona.

Beyond learning more about implementing natural strengths and skills into creating a therapeutic alliance with clients so that the work of increasing awareness and change becomes collaborative, participants will also learn how to identify specific opportunities for therapeutic interventions as they unfold organically during sessions.

In the midst of increasing (and welcome) emphasis on objectively evidence-based treatment models comes this workshop that takes participants into the very subjective world where clinician meets client, where agreements are made and where healing begins.

FOR MORE INFORMATION AND TO SCHEDULE A WORKSHOP FOR YOUR ORGANIZATION

Contact either [THOMRUTLEDGEAUTHOR@GMAIL.COM](mailto:THOMRUTLEDGEAUTHOR@GMAIL.COM) OR [ABPHD@MSN.COM](mailto:ABPHD@MSN.COM)

#### WHAT PARTICIPANTS SAY

*Participating in this workshop has been a unique and welcome experience. Dr. Berger and Thom Rutledge teach as much by example as anything else. I learned so much from just watching them work in the demonstrations.*

*I have never learned so much or laughed so much in a single day. If you think learning can't be fun, check these guys out.*

*Dr. Berger has been a powerful teacher for me for many years and I was skeptical about Dr. Berger adding a co-presenter for this program. Skeptic no more. The natural interaction between these two add depth and dimension that make the work even more accessible. I was putting what I learned into my work with clients immediately.*

*Powerful stuff. If you are a clinician who values innovation, creativity and down-to-earth application --- this you've got to see.*



Allen Berger, PhD is a clinical psychologist and internationally recognized expert on the science of recovery. He is best known for his work as a Gestalt-Experiential psychotherapist on emotional sobriety and integrating psychotherapy with the 12 Steps of Alcoholics Anonymous. Dr. Berger is a popular recovery author for Hazelden. His most recent book is *12 More Things You Can Do to Mess Up Your Recovery*.

Thom Rutledge, LCSW is a psychotherapist and author of several books. His most recent book is *The Greater Possibilities: 125 Reflections on the Method & Meaning of Genuine Success*. Thom has been facilitating professional training seminars and workshops geared to broader audiences for over 25 years. He is best known for his work in addiction and eating disorder recovery and has been called “The Master of the Painless CEU.”

