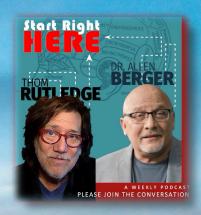
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Simple Truth is a testament to my recovery from, among many other things, simply not believing in myself. Remind me one day and I'll tell you the wonderful story about how this book came to exist. I am both proud and grateful that after all these years — and many other books — I still hear from readers who benefit from this book. I especially appreciate that counselors use the book with recovery groups, because in large measure, Simple Truth emerged from my work in group therapy. Currently Simple Truth is not available anywhere other than my office. If you would like a copy (or copies to share), just shoot me an email. I thank you for your interest in the work Allen and I are doing together and for your interest in this book, sort of my first born. -Thom. SEND EMAIL TO THOMRUTLEDGEAUTHOR@GMAIL.COM

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